

Modified 4 Period Spectrum Bell Schedule High School and Middle School 2023-2024 School Year

	Modified 4 Period (A or B)
	1st or 5th Period 7:25-8:40
	2nd or 6th Period 8:44-10:01*
Lunches (see below)	3rd or 7th Period 10:05-11:52
	4th or 8th Period 11:56-1:11
	Advisory/Assembly/ Early Release 1:15-2:25

Notes: Modified 4 Period = 7:25-1:11
A Day=Periods 1-4 **B Day**=Periods 5-8
 * 2 minutes for Announcements
 1:15-2:25 Assembly/Early Release
 75 Minute Periods
 83 Minute Lunch Period

Modified 4 Period Lunch Schedule 10:05 - 11:52	
Student Schedule	Times
Lunch A	
Lunch	10:05-10:25
3rd or 7th Period	10:29-11:52
Lunch B	
3rd or 7th Period	10:05-10:25
Lunch	10:27-10:47
3rd or 7th Period	10:49-11:52
Lunch C	
3rd or 7th Period	10:05-10:47
Lunch	10:49-11:09
3rd or 7th Period	11:11-11:52
Lunch D	
3rd or 7th Period	10:05-11:09
Lunch	11:11-11:31
3rd or 7th Period	11:33-11:52
Lunch E (if applicable)	
3rd or 7th Period	10:05-11:28
Lunch	11:32-11:52