

Delayed 4 Period Spectrum Bell Schedule High School and Middle School 2023-2024 School Year

	Delayed 4 Period (A or B)
	1st or 5th Period 8:25-9:45
	2nd or 6th Period 9:49-11:11*
Lunches (see below)	3rd or 7th Period 11:15-1:01
	4th or 8th Period 1:05-2:25

Notes: Delay 7:25-8:21
 4 Period=8:25-2:25
 A Day = Periods 1-4 B Day = Periods 5-8
 * 2 minutes for Announcements
NO Sting Time
 80 Minute Periods 82 Minute Lunch Period

Delayed 4 Period Lunch Schedule 11:15-1:01	
Student Schedule	Times
Lunch A	
Lunch	11:15-11:35
3rd or 7th Period	11:39-1:01
Lunch B	
3rd or 7th Period	11:15-11:34
Lunch	11:36-11:56
3rd or 7th Period	11:58-1:01
Lunch C	
3rd or 7th Period	11:15-11:55
Lunch	11:57-12:17
3rd or 7th Period	12:19-1:01
Lunch D	
3rd or 7th Period	11:15-12:16
Lunch	12:18-12:38
3rd or 7th Period	12:40-1:01
Lunch E (if applicable)	
3rd or 7th Period	11:15-12:37
Lunch	12:41-1:01