



Menu Name : Spectrum High School Grades 6-8 Lunch Menu		Options Provided : Hot & Cold Meals	
Grade Level / Age Group : 6-8 Grades		Meal Pattern : NSLP	Meal: Lunch
May - 2024			

Hot Meal	Wednesday, May 1, 2024	Thursday, May 2, 2024	Friday, May 3, 2024	Week II
	Soft Tortilla Taco Seasoned Beef, Cheese & Crema Street Corn, Shredded Lettuce Banana Choice Milk	Mandarin Orange Chicken Steamed Brown Rice Garden Greens Salad & Homemade Dressing Fresh Orange Choice Milk	Cheese Pizza Quesadilla Baby Carrots Vanilla Wafers Crisp Varietal Apple Choice Milk	
Cold	Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun	

Hot Meal	Monday, May 6, 2024	Tuesday, May 7, 2024	Wednesday, May 8, 2024	Thursday, May 9, 2024	Friday, May 10, 2024	Week III
	Chicken Tenders & Ketchup Cracker Crisps Baby Carrots & Dip Cinnamon Apples Choice Milk	Turkey Pepperoni Calzone Street Corn Salad Chilled Pears Choice Milk	Southern Drumstick Mildly Seasoned Chicken Drumstick WG Dinner Roll Fresh Sliced Cucumbers & Banana Grahams & Choice Milk	Cheesy Beef Nachos Drizzle Cheese Sauce on top of Tostitos & Seasoned Beef Lemony Pinto Beans Fresh Orange Choice Milk	Garlic Dusted French Bread Pizza Garden Greens Salad & Dressing Crisp Varietal Apple Choice Milk	
Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun	

Hot Meal	Monday, May 13, 2024	Tuesday, May 14, 2024	Wednesday, May 15, 2024	Thursday, May 16, 2024	Friday, May 17, 2024	Week IV
	Corn Dog WG Chicken Corn Dog served w/ Ketchup CKC Baked Beans Cinnamon Apple Slices Vanilla Wafers & Choice Milk	BYO Waffle Sliders Build Sliders with Mini Belgium Waffles & Turkey Sausage Patties & Dunk them in Syrup Glazed Carrots Chilled Pears & Choice Milk	Asian Chicken Pot Stickers Teriyaki Dipping Sauce Sliced Cucumbers Banana Choice Milk	Cheeseburger Bakery Bun & Ketchup Steamed Corn Fresh Orange Choice Milk	Creamy Mac & Cheese WG Roll Mixed Greens Salad & Dressing Crisp Varietal Apple Choice Milk	
Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun	

Hot Meal	Monday, May 20, 2024	Tuesday, May 21, 2024	Wednesday, May 22, 2024	Thursday, May 23, 2024	Friday, May 24, 2024	Week V
	Crunchy Tender Roll-up Wg Tortilla, Chicken Tenders Shred Lettuce, Shred Chz & Boom Sauce Seasoned Corn Cinnamon Apples & Choice Milk	Sweet & Sour Chicken Steamed Seasoned Rice Baby Carrots & Dip Chilled Pears Choice Milk	Walking Taco Nacho Chz Doritos, Seasoned Beef w/ Shred Chz Cheesy Refried Beans Banana & Choice Milk	Teriyaki Drumstick WG Bakery Roll Broccoli Florets & Dip Fresh Orange Choice Milk	Sicilian Cheese Calzone Sliced Cucumbers & Dip Crisp Varietal Apple Choice Milk	
Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun	

Hot Meal	Monday, May 27, 2024	Tuesday, May 28, 2024	Wednesday, May 29, 2024	Thursday, May 30, 2024	Friday, May 31, 2024	Week VI
	Summer Hoidays!!!					
Cold						

*** Cold meals are served with vegetables, fruit of the day & milk.

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

The menus are 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.