

Menu Name : Spectrum High School Grades 6-8 Lunch Menu Options Provided : Hot & Cold Meals
 Grade Level / Age Group : 6-8 Grades Meal Pattern : NSLP Meal: Lunch

April - 2024

	Monday, April 1, 2024	Tuesday, April 2, 2024	Wednesday, April 3, 2024	Thursday, April 4, 2024	Friday, April 5, 2024	
Hot Meal	Corn Dog	BYO Waffle Sliders	Soft Shell Chicken Taco	Cheeseburger	Creamy Mac & Cheese	Week IV
	WG Chicken Corn Dog served w/ Ketchup	Build Sliders with Mini Belgium Waffles & Turkey Sausage Patties & Dunk them in Syrup	WG Tortilla, Chicken Taco, Lettuce & Shred Chz	Bakery Bun & Ketchup	WG Roll	
	CKC Baked Beans		Sliced Cucumbers & Dip	Steamed Corn	Mixed Greens Salad & Dressing	
	Cinnamon Apple Slices	Carrot Slims & Dip	Banana	Fresh Orange	Crisp Varietal Apple	
	Vanilla Wafers & Choice Milk	Chilled Pears & Choice Milk	Choice Milk	Choice Milk	Choice Milk	
Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun	

	Monday, April 8, 2024	Tuesday, April 9, 2024	Wednesday, April 10, 2024	Thursday, April 11, 2024	Friday, April 12, 2024	
Hot Meal	Crunchy Tender Roll-up	Sweet & Sour Chicken	Walking Taco	Teriyaki Drumstick	Cheese Stuffed Hot Pocket	Week V
	Wg Tortilla, Chicken Tenders	Steamed Seasoned Rice	Nacho Chz Doritos, Seasoned Beef	WG Bakery Roll	Warm Red Sauce	
	Shred Lettuce, Shred Chz & Boom Sauce	Baby Carrots & Dip	w/ Shred Chz	Broccoli Florets & Dip	Sliced Cucumbers & Dip	
	Seasoned Corn	Chilled Pears	Cheesy Refried Beans	Fresh Orange	Crisp Varietal Apple	
	Cinnamon Apples & Choice Milk	Choice Milk	Banana & Choice Milk	Choice Milk	Choice Milk	
Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun	

	Monday, April 15, 2024	Tuesday, April 16, 2024	Wednesday, April 17, 2024	Thursday, April 18, 2024	Friday, April 19, 2024	
Hot Meal	Premium Chicken Nuggets	Hot Italian Sub	Authentic Chicken Tamale	Fritos Enchilada Nachos	Cheesy Pasta Bake	Week VI
	Ketchup	'All Beef' Marinara Meatballs & Shred Cheese served on WG Bun	Authentic, soft, moist Chicken & Green Sauce Tamale	Top your Fritos Corn chips with delicious Chicken Enchilada	Grahams	
	WG Dinner Roll	Steamed Green Beans	Boom Sauce	Shred Cheese, Lettuce & boom sauce	Crisp Broccoli & Dip	
	Carrot Slims & Dip	Chilled Pears	Steamed Street Corn	Cheesy Refried Beans	Crisp Varietal Apple	
	Cinnamon Apples & Choice Milk	Choice Milk	Banana & Choice Milk	Fresh Orange & Choice Milk	Choice Milk	
Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun	

	Monday, April 22, 2024	Tuesday, April 23, 2024	Wednesday, April 24, 2024	Thursday, April 25, 2024	Friday, April 26, 2024	
Hot Meal	Asian Chicken Pot Stickers	CKC Sticky Drumstick	All Beef Hot Dog	Golden Chicken Patty Sandwich	Twisted Cheesy Breadsticks	Week I
	Teriyaki Dipping Sauce	Wheat Thins	WG Bun, Ketchup	WG Bun & Ketchup	Warm Red Sauce	
	Celery Sticks	Baby Carrots & Dip	CKC Baked Beans & Carrot Slims	Crispy Cubes & Ketchup	Mixed Greens Salad & Dressing	
	Cinnamon Apples	Chilled Pears	Mixed Berry Crackers	Fresh Orange	Crisp Varietal Apple	
	Choice Milk	Choice Milk	Banana & Choice Milk	Choice Milk	Choice Milk	
Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun	

	Monday, April 29, 2024	Tuesday, April 30, 2024				
Hot Meal	Cool Ranch Crunch Burger..(yep, we will send ketchup)	Brunch Lunch				Week II
	Top your Burger with Cool Ranch Chips	French Toast Sticks & Syrup				
	CKC Baked Beans	Celery Sticks				
	Cinnamon Apples & Choice Milk	Chilled Pears				
		Choice Milk				
Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun				

*** Cold meals are served with vegetables, fruit of the day & milk.

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

The menus are 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.



May 2024 Menu (Subject to Change)

		Wednesday, May 1, 2024	Thursday, May 2, 2024	Friday, May 3, 2024
Hot Meal		Soft Tortilla Taco	Mandarin Orange Chicken	Cheese Pizza Quesadilla
		Seasoned Beef, Cheese & Crema	Steamed Brown Rice	Baby Carrots
		Street Corn, Shredded Lettuce	Garden Greens Salad & Homemade Dressing	Vanilla Wafers
		Banana	Fresh Orange	Crisp Varietal Apple
		Choice Milk	Choice Milk	Choice Milk
Cold		Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun

		Monday, May 6, 2024	Tuesday, May 7, 2024	Wednesday, May 8, 2024	Thursday, May 9, 2024	Friday, May 10, 2024
Hot Meal		Chicken Tenders & Ketchup	Bean & Cheese Pupusa	Southern Drumstick	Tots & Beef Crunch	Garlic Dusted French Bread Pizza
		Cracker Crisps	Boom Sauce	Mildly Seasoned Chicken Drumstick	Seasoned Beef & Smashed Tater Tots served on Tostitos	Garden Greens Salad & Dressing
		Baby Carrots & Dip	Street Corn Salad	WG Dinner Roll	Crema	Crisp Varietal Apple
		Cinnamon Apples	Chilled Pears	Fresh Sliced Cucumbers & Banana	Lemony Pinto Beans	Choice Milk
		Choice Milk	Choice Milk	Grahams & Choice Milk	Fresh Orange & Choice Milk	
Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun	