

*Happenings from*

# THE HIVE

Newsletter of Spectrum High School & Spectrum Middle School

December 2018





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Spectrum Middle School students swept the Patriot's Pen Essay Competition addressing this year's theme "Why I Honor the American Flag".

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## Semester/Quarter Grading and Honor Roll Change in 2018-2019

Spectrum Middle School and High School moved away from quarter grading this school year for all classes (except Service Learning) in grades 7 through 12. This change was made to provide the best chance for student academic success for the semester without artificially imposed mid-semester cutoff dates. Previously, quarter grades were locked in at the end of the quarter and then averaged with the second quarter grade and the final test to get the semester grade. Students grades are now cumulative, giving them opportunities to build upon their work throughout the semester.

This change also means that A and B Honor Roll will now only be calculated at the end of each semester.

As part of the switch to semester grading, all specials/exploratory classes in grades 7 and 8 (Health, Spanish, Art, and Technology) have switched to semester classes rather than quarter classes. This change allows students to go more in depth in their learning and teachers to build stronger connections with students leading to increased instructional opportunities.

## Spectrum Yearbook crew wins national award!

Congratulations to Ms. Kemnitz and the Spectrum Yearbook crew for being awarded the 2018 National Yearbook Program of Excellence Award. The award is no small feat as a national average of around 3% annually win this award. Out of the 17,000 plus schools that Jostens do yearbooks for each year, only 510 schools nationally that earn this lauded prize! Something to be proud of and something that Spectrum holds in high regard.



### \*ALL SCHOOL BELL SCHEDULE\*

Monday-Friday 7:55am-3:05pm

### Upcoming Events:

- December 21-January 1 - Winter Break
- January 2 - School Resumes
- January 2 - CaSH Day
- January 7 - CaSH Day
- January 7 - Info & Tour Night
- January 14 - No School, Staff Development
- January 21-25 Winter Spirit Week



Thank you to all those who participated in Give to the Max Day and were part of donating \$1,116.20. These funds will purchase one of the two needed soccer goals for our new physical education field located between the three school buildings.

### Vision Statement

The vision of Spectrum High School and Spectrum Middle School is to be a leader in fostering academic and personal excellence through a program emphasizing high academic standards in a small-school setting.

### Mission Statement

The mission of Spectrum High School and Spectrum Middle School is to encourage students in attaining their maximum potential through a 3-dimensional strategy emphasizing:

- College preparatory curriculum;
- A technology-integrated environment; and
- Community-based outreach

Authorized By Volunteers of America-Minnesota. *Stephanie Olsen, Senior Manager.*



# College & Career Center



After four months of construction, the long-awaited High School College and Career Center opened on Monday, December 10th. This space is specifically designed for students taking college classes on campus (C@SH) and those, through hard work and dedication, earning academic privileges. The College and Career Center is a place where students can study, collaborate, prepare for college and careers, and relax. Please stop by, check out the space, and share your feedback with Mrs. Mehrer, our new College and Career Coordinator.

## College & Career Center is officially open for use!

Study. Collaborate. Prepare. Relax.

# RECENTLY-HIRED STAFF AT SPECTRUM

**HS**

**Academic Study Advisor**

Cory Hund



**MS**

**Academic Study Advisor**

Allie Olsen



**MS**

**Grade 6 Lunch Service Coordinator**

Liz Freeby



**SHS**

**Technology Specialist**

Charlie Watts



**HS**

**College & Career Center Coordinator**

Billi Jo Mehrer



**SHS**

**AVID Tutor/ Grades 7/8 Lunch Room Assistant**

Laura Gifford



**SHS**

**Concessions Coordinator**

Kate Feist



# INTRODUCING SPECTRUM'S 2018-2019 AVID SITE TEAM



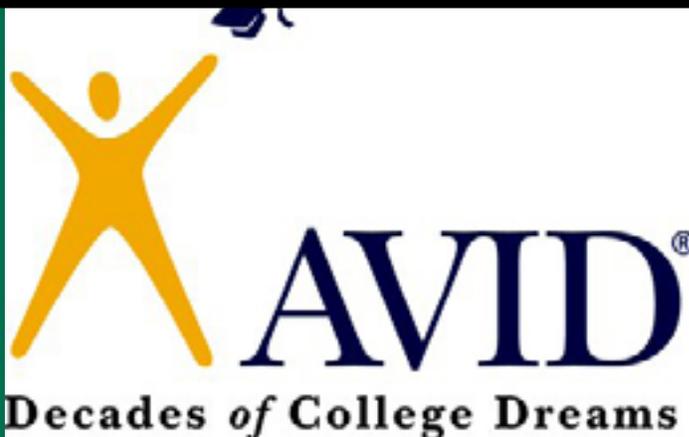
AVID stands for Advancement Via Individual Determination. It is a national program whose mission is to close the achievement gap by preparing all students for college readiness and success in a global society. Spectrum Middle and High School teachers and students utilize AVID teaching and learning strategies throughout their classes, in addition to having access to the AVID elective classes in grades 7-12.

In order to ensure the program's effectiveness and monitor its success across the school, an AVID site team meets monthly. Spectrum's AVID site team for 2018-2019 includes (from left to right): Mr. Heinecke (Middle School Principal); Mr. Gangl (Social Studies and AVID Elective Teacher – Grades 7&8); Mrs. Sitron (School Counselor – Grade 11/12); Mr. Roddin (High School Math Teacher); Mrs. Harvell (Math Teacher – Grade 6), Mr. Leland (High School Principal); Mrs. Mehrer (College and Career Coordinator/AVID Co-Coordinator); Mrs. Brady (High School Special Education Teacher); Mrs. Johnson (Coordinator of Curriculum and Instruction/AVID Co-Coordinator); Ms. Beehler (High School Language Arts/AVID Elective Teacher); Mrs. Murphy (Instructional Coach); Mr. Brunt (Social Studies Teacher – Grades 7&8), Ms. Aase (High School ASL/AVID Elective Teacher); and Mr. DeBruyn (Executive Director/AVID Director)



**Middle School:**  
Grace Bauer

"Grace Bauer 8th Grade is one of the hardest working students in her grade. She pushes herself to get better every day and is a valuable member of her AVID team. Grace embodies what AVID is all about." Mr. Gangl



## AVID November Students of The Month



**High School:**  
Gracie Vinlove

"Gracie Vinlove 9th Grade is the November AVID Student of the month recipient for being fully engaged during AVID class, her willingness to help peers, and her enthusiasm towards learning." Ms. Beehler

# Non-Spectrum Sponsored Recognition Summer/Fall 2018

We are proud of our Spectrum students' success and accomplishments that happen inside and outside of the classroom. Here are the recognitions that were submitted to us for publishing in this month's newsletter. Take a moment to read about what students accomplished in their free time!



**Name:** Paul Andreasen  
**Grade:** 12th

Boy Scouts Troop 111

**Award/Recognition Received:** Eagle Scout



**Name:** Bridget McNeff  
**Grade:** 10th

Girl Scouts

**Award/Recognition Received:** Council Delegate, Top Seller Fall Product



**Name:** Aric Randolph  
**Grade:** 8th

Youth in Government at YMCA – Model Assembly

**Award/Recognition Received:** Participating in Model Assembly



**Name:** Sam Koppendraye  
**Grade:** 12th

Sherburne County 4H

**Award/Recognition Received:** Sam received a Grand Champion Ribbon on his Buff Brahma Bantam chickens at the County Fair 4H Poultry competition. He also was awarded Reserve Grand Champion in the overall Poultry Showmanship division.



**Name:** Ruby Curtis  
**Grade:** 7th

Professional Karate Studios Elk River (PKS)

**Award/Recognition Received:** Ruby earned the rank of black belt in August.



**Name:** Easton Johnson  
**Grade:** 7th

Elk River Youth Hockey- PeeWee AA

**Award/Recognition Received:** Tournament Champions at the Super Rink Spectacular in Blaine, MN over Thanksgiving weekend



**Name:** Rachel Schlueter  
**Grade:** 9th

4H & Andover Athletic Assn Softball

**Award/Recognition Received:** 2018 Grand Champion for Brown Egg Laying Chickens for 4H. 1st place 2018 8/9th grade Tournament in softball



**Name:** Noah Schlueter  
**Grade:** 11th

4H

**Award/Recognition Received:** Reserve Grand Champion Poultry



**Name:** Alexa Zuniga  
**Grade:** 9th

University of Wisconsin-Whitewater 2018 Summer Flute Camp

**Award/Recognition Received:** Taffanel Honor Camper

# Non-Spectrum Sponsored Recognition Summer/Fall 2018 continued

**Name:** Aidan Rizk  
**Grade:** 7th

**Award/Recognition Received:** Aidan earned a state trip at our Sherburne county fair to the 4h state show for horse. He competed at the star show in showmanship and took 4th place, trail and took 5th place, and western horsemanship where he took 2nd place.



**Name:** Meghan McClay  
**Grade:** 12th

United States Dressage Federation

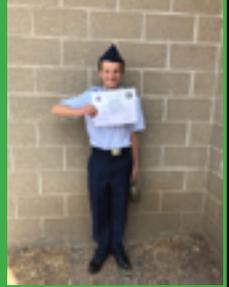
**Award/Recognition Received:** Silver and Bronze Medal



**Name:** Emery Deusterman  
**Grade:** 7th

Civil Air Patrol

**Award/Recognition Received:** Wright Brothers Award & promotion to Staff Sergeant



**Name:** Kailee Beck  
**Grade:** 9th

Volleyball - Minnesota Select  
**Award/Recognition Received:**

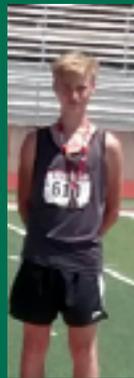
Volleyball – Minnesota Select



**Name:** Earl Foster  
**Grade:** 11<sup>th</sup>

Junior Olympics National Championship

**Award/Recognition Received:** 2018 USATF MN Junior Olympic Championship 1st Place - 110H and Javelin 2018 AAU District Qualifier 1st Place 110H & Javelin, 2nd Place High Jump. 2018 Junior Olympics National Championships: Decathlon 22nd. 110H 36th, High Jump 31st, Javelin, (Ranked 33rd) 200 yd Medley Relay, 4th place 200 yd Free & 400 yd Free Relays



**Name:** Samahra Sprague  
**Grade:** 10th

Samahra has volunteered in excess of 100 hours working at YMCA Camp Guy Robinson and also over 100 hours at Rum River Art Center working with youth in various capacities.



**Name:** Matthew Burquest  
**Grade:** 8<sup>th</sup>

Elk River Mountain Bike Team

**Award/Recognition Received:** 4th place at River Falls race, 8th place at Spirit Mountain race and 13th place overall at State Championship. (out of 140)



**Name:** Grace Olsen  
**Grade:** 10th

North Central Karate Association

**Award/Recognition Received:** Central States Grand Champion black belt girls 14-17



**Name:** Faith Olsen  
**Grade:** 7th

North Central Karate Association

**Award/Recognition Received:** 1st Place Traditional Weapon, 1st Place Traditional Form



# Spectrum / Band & Choir

## Winter concerts warmed our hearts!

### Choral Concert

Written by  
Mrs. Kirkpatrick  
Photograph by  
Katelyn Kolyer

The vocal students were filled with great excitement and anticipation, on Friday, December 14, as they anticipated their concert and the display of their learning. The choirs and vocal ensembles of Spectrum sang to a full auditorium of about 850 people, sharing a holiday program full of surprise, entertainment, and musical beauty.

Our goal is to engage the listener through our music. The students feel we met our goal, as upon reflection, many stories were shared of spoken appreciation, deep emotion, and thrill. From the grandma in the audience who could not get over how polished and professional the students were, to the teary-eyed fountain of emotion felt by concert-goer and singer alike, as well as excitement of the children who hurried to the end of the isles to give a high-five to Santa (great job, Jacob Aune!) as he flew past, by all accounts, the concert was a huge success.



We were all excited for the debut of MéLadies. The students have been looking forward to this group for a couple of years now. After all, there has to be a counterpart to Harmenix, right? The name was suggested by Jaiden Preston, who at the time was an 8th grader, and upon hearing the name, everyone agreed it was perfect, and all that was left was auditioning the singers. They did a wonderful job and shared diverse selections ranging from “The Christmas Song,” arranged by Mark Hayes to “Veni, Veni Emmanuel,” a piece by Michael John Trotta with a 9th century origin.



Each year, I am impressed with the focus and desire of our students to put forth their best effort in the concert. I am also struck with the pride and support they feel and exhibit for one another. Their willingness to help out another group by playing an instrument, or even singing (thank you Preston Pinz) encourages my heart. I can honestly say I am so very proud of our students; they own a piece of my heart and am honored to call them “my students.” So, to all our vocal students – 6th grade choir, middle school choir, high school choir, chamber choir, Harmenix, and MéLadies, I say “well done!”

### Winter Band Concert

Written by  
Mr. Powell  
Photograph by  
Lisa Algaard

On Friday, December 7th, the Spectrum Band program held its yearly Winter Concert to a packed house in the High School Gymnasium. Featured in the concert were Concert Band, Symphonic Band, Jazz Band, and Wind Ensemble.

One highlight of the concert was the first ever performance for Spectrum’s Concert Band, which is comprised of mostly seventh grade students. Concert Band was added this year at Spectrum due to growth in the band program over the last two years. Previously, sixth, seventh, and eighth grade students were in one band. If it weren’t for the addition of Concert Band, this year’s combined seventh and eighth grade band would have topped 90 students.



Each band played an array of pieces including the Symphonic Band’s pieces titled Reflections of Asia, Flash Flood, which was inspired by the aftermath of Hurricane Irene in 2011, and Deck the Halls with Chips and Salsa, a Latin arrangement. The Jazz Band performed pieces by Dean Sorenson and “Count” Basie, as well as the Winter classic “Santa Baby”, made famous by Ertha Kitt. The Jazz Band’s portion of the concert featured many student soloists, including Maddie Bentley on tenor sax, Isabella Dorval on alto sax, Donovan Eidem on drums, Tori Mercer on bari sax, Noah Miller on alto sax, Brendan Schroeder on trumpet, and Samahra Sprague on piano. Wind Ensemble finished out the evening by showcasing their ability to perform a varied repertoire of advanced wind band music. Of particular note, one piece titled Rest was commissioned in 2008 by the Edina High School Band and pays homage to the unique Minnesota holiday atmosphere. The pieces mentioned are only a glimpse at the full arrangement of the evening.

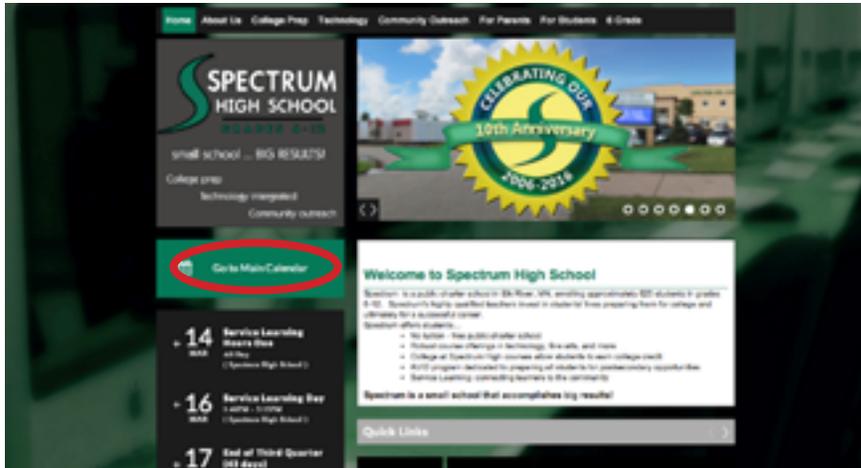


The band program will wrap up the school year by performing its annual Spring Concert on Friday, May 3rd. The concert will be a “pops” concert, featuring music from movies, popular music, and famous classical orchestral pieces. We hope you can join us for an amazing evening of music!

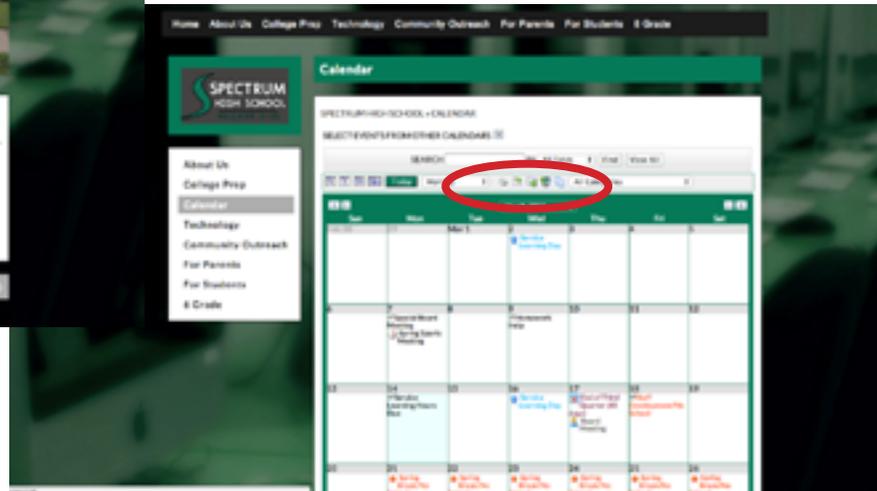
# Sync Spectrum events to your personal calendar

*Simplify and Sync Your Life!*

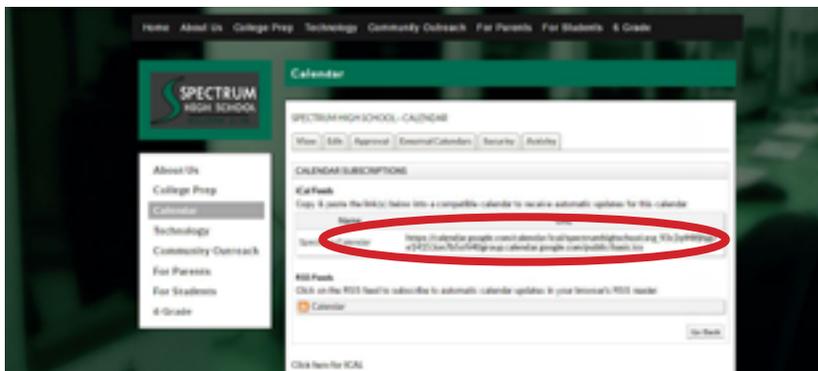
**Know about important school events before they happen, and keep only one calendar.** You can connect and sync Spectrum's events calendar (found on our website) to your personal digital calendar. That way, school events will automatically show up and update on your personal electronic calendar. Just follow these steps.



1. Click on the "Go to Main Calendar" link

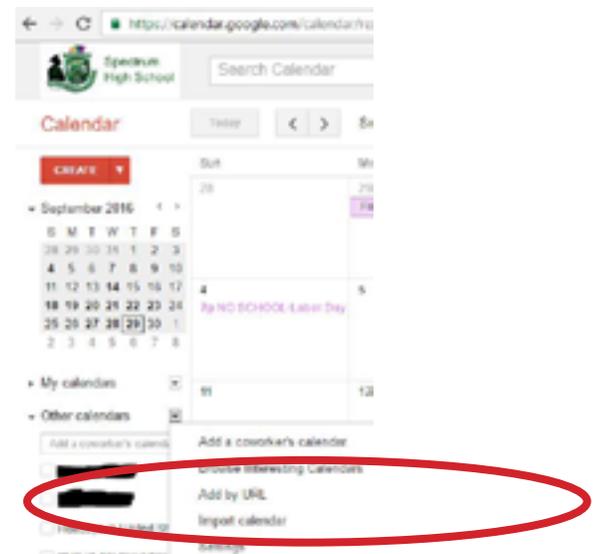


2. Click the green arrow with tooltip "Subscribe via iCal/RSS"



3. Copy hyperlink address found in the iCal Feeds category.

4. Paste link into the compatible calendar system of your choice. Google Calendar shown here:



# HIGH SCHOOL NEWS



## SERVICE LEARNING Highlight: Youth Support

### Grade 9

In the 9th grade service learning course entitled "Youth Support", students learn about teens who are experiencing hardships in life and facilitate a "Toys for Tots" drive at our schools. They participated in a public service announcement on December 17 at the KARE 11 studio. Get the link [here!](#)

Here are the final donation numbers for our Toys for Tots drive this year:

#### Toys

MS = 251  
HS = 96  
TOTAL = 347

**Thank you students,  
families, and staff for your  
generous support!**

#### Money

MS = \$251  
HS = \$348.07  
TOTAL = \$545.29

## High School November Students of the Month (Sponsored by NHS)



Emily Fearing  
(picture on left)  
Sophia Zimmerman  
(not pictured)

These students have been recognized by their teachers and peers for displaying excellence in character and academic achievement during the last month.

## Spectrum High School Principal Corner

The holiday season is upon us and, as we approach the winter break, our students continue to learn and grow in amazing ways. Our monthly newsletter is one avenue we use to communicate the high levels of achievement of Spectrum students. Please be sure to take a close look at our AVID sponsored Student of the Month and our National Honor Society sponsored Student(s) of the Month!



We are so excited to announce that Spectrum's new College and Career Center opened the week of December 10! I took some time to meet with a large group of high school students on Friday, November 30th in an effort to communicate a list of important related items. This list included terms of use for students as well as guidelines that will help us maintain the space and keep it an enjoyable and respectful area for students. An important outcome of the meeting was to also convey to students the resources available to them in the College and Career Center.

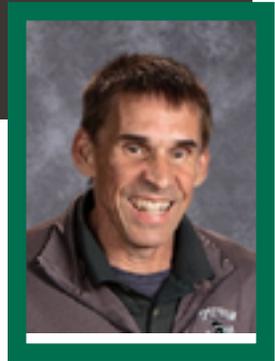
On Friday, December 7th and Friday, December 14th, Spectrum hosted our 2018 Winter Fine Arts Band and Choral concerts. We hope you had a chance to come out and witness what was truly an incredible two nights of music! A very special thank you to our Band Director, Mr. Powell, and Choir Director, Marsha Kirkpatrick, for their amazing work with students here at Spectrum, and sharing the joy of music with everyone!

On behalf of our staff, we hope you have a great winter break with your friends and family members! We look forward to continuing to work together as a team with you to provide your child with a fantastic educational experience here at Spectrum. There is no greater gift than to have a positive impact on a student's life. This holiday season, I'm reminded how fortunate we all are to share the opportunity to do just that.

Sincerely,

Mark W. Leland

## Athletic Conference Changes Ahead



Rick Peterson  
Athletic Director

Several changes have been announced for the athletic conference that most of our sports participate in; the Minnesota Christian Athletic Association (MCAA). Southwest Christian and Bethany no longer participate in the MCAA. Next season (2019-20) Maranatha, New Life Academy, St. Croix Prep, and Trinity will leave the MCAA to form the new Skyline Conference that is primarily targeting schools in the east metro area.

In 2019-20 the MCAA Conference will undergo a name change and add two new members. The new name will be the Minnesota Classic Athletic Association. The conference will continue to be known as the MCAA. Eagle Ridge Academy and North Lakes Academy will join the conference. Eagle Ridge is a public charter school in Eden Prairie that recently purchased a 100,000 new facility and coops most sports with The International School (also in Eden Prairie). North Lakes is also a public charter school that is located in Forest Lake.



Beginning in 2019-20 the newly named MCAA Conference will consist of the following schools:

- Eagle Ridge Academy
- Heritage Christian
- Legacy Christian
- Lester Prairie - Holy Trinity
- North Lakes Academy
- PACT Charter
- Spectrum High School
- West Lutheran

Athletic schedules are already being worked on for the 2019-20 seasons and will reflect the change in membership. It is possible that other schools may be added in the future. We will keep you updated as we get closer to the 2019-20 season.



Wrestling will continue to participate in the Tri Metro Conference and football will stay in the Twin Cities District, however we have been changed from the Suburban Blue to the Suburban Gold Conference. Football conferences are all assigned by the Minnesota State High School League (MSHSL). This March the MSHSL will also undergo its bi-annual reassignment of tournament sections in each sport for the next two years. The section assignments will become effective for the 2019-20 season.

We are excited for the changes ahead and the conference realignments will continue to challenge our athletic programs to prepare for top competition; while balancing academics, values, and sportsmanship. On behalf of the Spectrum athletic department, I would like to wish each of you a safe and joy-filled holiday season!

# MIDDLE SCHOOL NEWS

## Spectrum Middle School Principal Corner



Spectrum Middle School Families,

Halloween and Thanksgiving have come and gone, and so too will our Winter Break before we know it. Close behind that will be the end of our first semester of the school year. The year is quickly passing, and I want to encourage all our students to keep up the dedication and focus they have shown so far. Please encourage their self-advocacy as well, in particular for Sting Time support so they can demonstrate their best levels of learning to end the semester on a positive.

Related, during Sting Time on Tuesdays (both sites) and Wednesdays (at the 7-8 site), students are with their advisors, checking grades, getting organized, and developing a unique relationship where the advisor is another trusted adult that can be a positive influence in the students' lives. This is something new this year, so as we develop the support, besides reaching out to the classroom teacher, maybe reach out to the Sting Time Advisor as a way to collaborate and get connected to Spectrum Middle School.

Finally, a highlight event of the last month is our Where Everybody Belongs (WEB) program. This is also new this year, and each month our 8th grade student-leaders work with their 6th grade groups, building a connected middle school culture. This month they held a movie night one Friday, which was very well-received. Their great work continues throughout the year.

Enjoy the break, and as always, I am grateful for our Spectrum families and wish everyone a happy new year!

Gregory M. Heinecke

## KS95 Teacher of the week: Mr. Tony Brunt



Congratulations to our own Tony Brunt! He was awarded the KS95 Teacher of the Week the first week of November!

Tony's heart for kids is apparent, along with his passion for teaching 8th grade social studies and his fantastic sense of humor. We agree with the parents and students and are so thankful to have Tony teaching at Spectrum!

## Winter clubs are underway!

The Winter Session of Middle School Activities is under way! We have offerings in Basketball, Wrestling, Cursive and Calligraphy, and Wars and Technology. These give us a very well-rounded group of activities available for the middle-schoolers. They provide opportunities to grow in many ways, and to expand their learning as well as their fundamental understanding in athletics.

Basketball is an option for those that either want to develop their skills and fundamentals of Basketball, or for those who are hoping to eventually make the high school Basketball teams. This is led by Mike Brueckner, a Spectrum parent, and runs on a variation of days, depending on the gym availability.

Wrestling provides an opportunity for middle-schoolers to learn, grow, and enjoy the many aspects of wrestling. They get to learn all of the aspects of a typical HS wrestling team, from the warm ups to partner wrestling and fundamentals, to the possibility of competing in middle school competitions. Wrestling meets from 3:15 - 4:30 on Tuesdays and Wednesdays, and is led by Josh Schmidt.

Cursive and Calligraphy is a class in where students learn how to write in this largely forgotten form, and then expand on their growth. They will meet on Fridays from 3:15 - 4:15 and the activity is led by Mrs. Collins.

Wars and Technology gives the students a chance to expand their learning in an area where there is not as much available time in the curriculum. They can go as deep as they want and pursue some of the questions that they may not be able to ask in normal class time. This is led by Mr. Brunt and meets on Wednesdays after school from 3:15 - 4:15 pm.

We are extremely excited for the variety of activities that we have available this session! The opportunities are continuing to grow, and we look forward to this next round of after school activities!

Seth Mills,  
Middle School Dean  
& Spectrum Activities Director

## VFW PATRIOT'S PEN: Essay Winners

On November 26, Commander Curt Swanson of the Elk River-Rogers Veterans of Foreign Wars Post #5518 proudly announced the winners of the local Youth Patriotic Essay Competitions.

Spectrum Middle School students swept the Patriot's Pen Essay Competition addressing this year's theme "Why I Honor the American Flag". First place went to Caroline Miltich, 8th Grade. Her teacher is Anthony Brunt. The Patriot's Pen Program is the middle school level competition sponsored by the V.F.W. Caroline's Essay has been forwarded to the District competition where winners were announced on Friday, December 14th, 2018, in Hopkins, MN. District Winners will compete at the State Competition whose winners will be announce on January 19th, 2019, at the Veterans of Foreign Wars State Midwinter Conference in Minneapolis.

Elk River- Rogers VFW Post #5518  
Fall 2018 Essay Contest Winners

PATRIOTS PEN  
(6-8 grades)

Topic: "Why I Honor the American Flag"

Entries Received: 166  
entry received

1st Place: Caroline  
Miltich 8th gr Spectrum  
Middle School (\$75  
check award) Teacher  
Tony Brunt

2nd Place: Isabella Dols  
8th gr Spectrum Middle  
School (\$50 check  
award) Teacher Tony Brunt

3rd Place: Ava Heide 6th gr Spectrum Middle School  
(\$35 check award) Teacher Dan Zurbey

### NOTE:

Also Placing from Spectrum Middle School-  
Coon Rapids VFW Post #9625 Patriot's Pen Competition:  
2nd Place: Erin Omariba 7th gr Spectrum Middle School  
(\$40 check award) Teacher Tony Brunt





## Middle School Service Learning Highlight: Bringing Hope

In the 8th grade service learning course entitled “Bringing Hope”, students learn about young people that are experiencing grief through the organization, Children’s Grief Connection. Their service action involves making comfort blankets that will be distributed to families at the organization sponsored weekend camps. So far this year, the group has made and contributed 50 comfort blankets to grieving families. Students also have the opportunity to hear Cindi Foster, a certified grief counselor whose dad died when she was 10 and her daughter died at age 17, share information about the grieving process and how to support others who are grieving. She’ll be sharing her story each quarter for all 8th graders to hear.



# November Middle School Students of the Month

We are so excited to let you know that the following students have been selected as November’s Students of the Month! They have demonstrated excellence in academic performance, character, behavior, effort, attendance, and social relationships. This group of students will have their picture posted in the cafeteria as a part of this recognition. We are very proud of them and are excited that they help make Spectrum Middle School such a great place to learn.

6

LEAH CARTER



7

WILLIAM LAWRENCE



8

TYLER BROWN





We're here to help! If you have any questions or concerns, don't hesitate to contact us.

## **OFFICE HOURS**

Monday through Friday,  
Spectrum High School: 7:30 a.m. - 4:00p.m.  
Spectrum 7/8: 7:15 a.m. - 3:45 p.m.  
Spectrum 6: 7:15 a.m. - 3:45 p.m.

Spectrum HS District Office: 763-241-8703  
email: SHSmessage@spectrumhighschool.org

Spectrum Middle School 6 Grade Office:  
Cathy Durkot, 763-450-9868  
email: cdurkot@spectrumhighschool.org

Spectrum Middle School 7/8 Grade Office:  
Christy Siegel, 763-450-9859  
email: csiegel@spectrumhighschool.org

## **Attendance/Health Office**

Terri Dlouhy, 763-450-9804  
email: tdlouhy@spectrumhighschool.org

MS: Sara Burfeind, 763-450-9860  
email: sburfeind@spectrumhighschool.org

6th Grade: Joyce Emmel, 763-450-9857 email:  
jemmel@spectrumhighschool.org

## **School Counseling Office**

Amanda Sitron  
11-12 Grade School Counselor, 763-450-9853  
email: asitron@spectrumhighschool.org

Susan Matheson  
9-10 Grade School Counselor, 763-450-9022  
email: smatheson@spectrumhighschool.org

KellyAnn Lockrem  
6-8 Grade School Counselor, 763-450-9807  
email: klockrem@spectrumhighschool.org

## **Transportation/Dean of Students**

Darrell Skog, 763-450-9806  
email: dskog@spectrumhighschool.org

Contact us:  
Spectrum High School/District Office  
17796 Industrial Circle NW  
Elk River, MN 55330  
763-241-8703  
www.spectrumhighschool.org