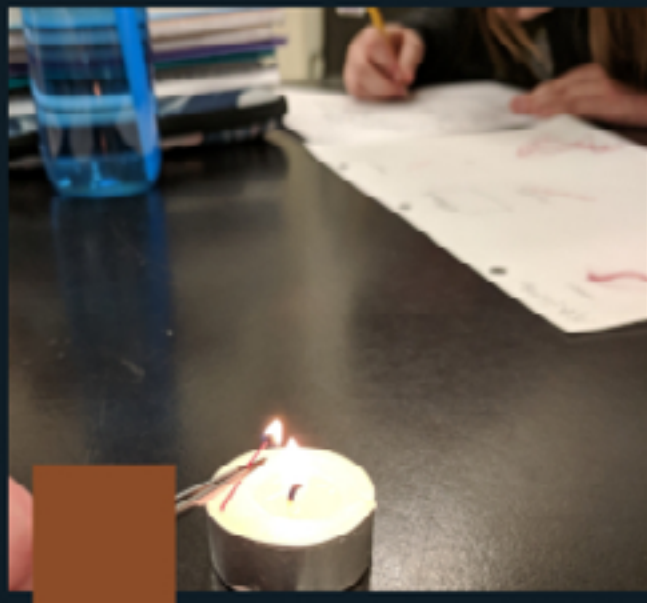
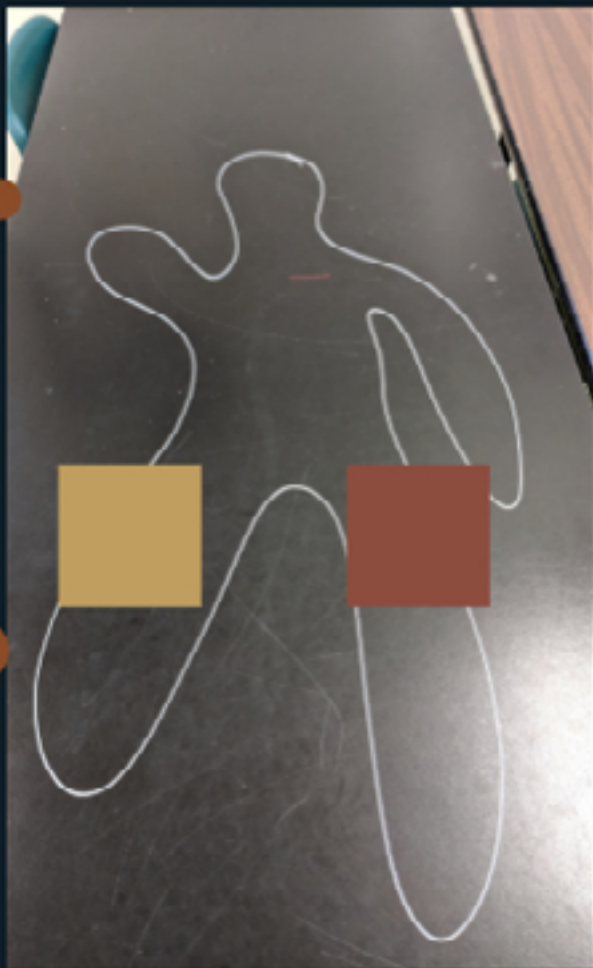


Happenings from

THE HIVE

Newsletter of Spectrum High School & Spectrum Middle School

April 2019



Forensics 1
Fiber Labs



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Volunteer of the Month: Lloyd Bondy

Lloyd has been a very dependable volunteer with Spectrum High School this year. This was his family's first year with the school and Lloyd generously jumped right in helping with lunches, photography, and building maintenance.

Lloyd was very generous with his time and skills by helping to build and assemble a collapsible batting cage system for Spectrum's new 7/8 gym. He is a welder by trade and has extensive knowledge of metals and how to weld them. He picked up the steel that was needed, fabricated the bracket system, and helped with the installation. His expertise and time saved Spectrum several thousand dollars!

When Spectrum needed extra help moving heavy equipment between facilities, Lloyd was more than happy to jump in and lend a hand. In addition, he has volunteered several times in the kitchens helping with lunch. Spectrum, especially the Facilities Department, is very grateful for Lloyd Bondy's generosity.



Spectrum Additions



Congratulations to Mrs. Chrest and her husband on their baby girl! Carly Elizabeth Chrest arrived at 2:25 in the morning on April 10 at 7 lbs 15 oz. She's home and healthy!

Spectrum also wants to celebrate with Coach Prepeluh and his wife who were blessed with their baby boy, Griffin James Prepeluh, on December 19 at 4:17 PM. Griffin was born 9lbs 8oz, 22 inches!



April 2019

ALL SCHOOL BELL SCHEDULE

Monday-Friday 7:55am-3:05pm

Upcoming Events:

April 25-26 - MCA Math Test Grade 6

April 29 - Early Release

May 3 - Band Fines Arts Concert

May 10 - Choir Tour

May 13 - Early Release

May 17 - Choir Fine Arts Concert

May 23 - Graduation

May 24 - Fun Day/ Last Day of School

Vision Statement

The vision of Spectrum High School and Spectrum Middle School is to be a leader in fostering academic and personal excellence through a program emphasizing high academic standards in a small-school setting.

Mission Statement

The mission of Spectrum High School and Spectrum Middle School is to encourage students in attaining their maximum potential through a 3-dimensional strategy emphasizing:

- College preparatory curriculum;
- A technology-integrated environment; and
- Community-based outreach

Authorized By Volunteers of America-Minnesota. *Stephanie Olsen, Senior Manager.*



Strong Families, Strong Schools

Helping Teens to Land and Keep a Job

Summer is around the corner and many Spectrum students will be looking for a job. One advantage of Spectrum's schedule is that our students finish school before most other schools in the area and therefore are available to look for and accept a job much earlier. Whether your student will be working for a family member, a friend, a local business, or somewhere far away, spring is a good time to begin discussing how to find and keep a job. Amy Morin, LCSW at Verywell Family, a respected online parenting resource for more than 20 years, conveys some helpful advice for parents and students in her article "[How to Help Your Teen be Successful at His\(Her\) First Job](#)" (December 14, 2018).

Ms. Morin states, "Landing a job is a huge step in any teenager's life. It's not enough to get the job, however – your teen also has to be able to keep his job."

The article lays out a number of **advantages** for teenagers landing and keeping a job:

1. Learning skills to prepare them for a future career;
2. Learning how to manage money;
3. Building self-esteem and confidence; and
4. Learning how to manage stress.

Here are some **helpful strategies** from Verywell Family that can increase a teenager's chances that his or her first (or any) job will be successful:

1. Pay attention to appearance when picking up an application and on interview days. Dress neatly and be well groomed.
2. Dress for success every work day – Be sure clothes are clean and appropriate (including footwear, jewelry, etc.). This includes following any guidelines set by the business.
3. Behave with professionalism – It will be important to talk about how to work with supervisors, how to deal with customers, how to deal with difficult employees, etc. Another important conversation will be about cell phone and social media etiquette on the job.
4. Maintain a good attitude - Meeting work expectations and keeping a positive attitude go a long way. A great attitude can also help diffuse potentially difficult situations and makes the workplace more enjoyable for everyone.
5. Establish a budget - Discuss finances in advance and teach your teen basic budgeting skills.
6. Address safety issues – This includes relationships and physical safety on the job.



Middle School:
Asher Koch

"Asher Koch, Grade 8, continually goes above and beyond in the AVID program. The progress he has made, over the past 2 years, is apparent and demonstrates his overall commitment. Great job on earning AVID Student of the Month!" Mr. Gangl



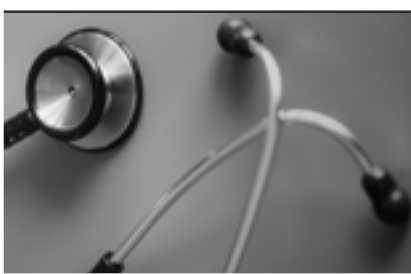
AVID March Students of The Month



High School:
Sophie Brenna

"Sophie Brenna, senior, is always willing to help others, effectively taking on a leadership role within the classroom without being asked. Her positive attitude is demonstrated most when cheering for the success of her classmates. Thanks for being our AVID Cheerleader!"
Ms. Beehler

Spectrum Health



All three Spectrum school buildings have a dedicated health office and attendance clerk to keep all students in a healthy state from the start of the day until the last bell sounds!

HEALTH & ATTENDANCE STAFF



Terri Dlouhy
Lead Health & Attendance Clerk

Health & Attendance News

Spring time in Minnesota is so anticipated, especially this year! Runny noses and itchy eyes often come along with the budding trees. Please read the following article from Web MD about ways to cope. Happy Spring!! [Click Here for link.](#)

Written by Julie Johnson, Spectrum's Technology & Communications Manager

Securing staff and student data is continually at the forefront of Spectrum IT's priorities. Several security improvements are being executed this year. One such measure is to remove the staff directory from the website. In the near future, the staff directory will no longer be accessible on our public webpage. Instead, the staff directory will be an option in the Infinite Campus Portal as one of the quick links at the top. Also, within Schoology, the directory will be located under menu option "Resources" and then "School Resources".

Consider bolstering protections of your own personal information at home by following some of these security steps Spectrum has taken:

Password out, passphrase in:

Passwords with characters and symbols are difficult to remember and are not the most secure protection against hackers. To increase account security, use a **passphrase** instead. A passphrase is longer than a password and easier to remember. Having more characters to enter means more security. To create a passphrase, think of four random words that you can string together to make a long "password". Some examples of how to come up with a passphrase: think of four things you see on your way to work - "pine arbys train car wash" or four things you always wanted to try (swim with dolphins, racing, acting, play the piano) - "dolphin racing act piano" to form a passphrase. Remember to vary the spacing and capitalization too. It is not recommended that you choose something easily guessed such as song lyrics or quotes.



Watch out for Phishing:

Spectrum staff attended online security training and learned about one of the biggest threats out there - phishing emails. Phishing emails are emails that impersonate a person or business to trick the victim into giving out sensitive personal information.

Phishing emails are getting increasingly sophisticated and more difficult to detect; but there are some red flags that you can watch for. To learn more about clues to watch for, check out this [article](#) by Webroot.

Multi-factor Authentication:

Spectrum teachers now use 2-step authentication to protect their school Google accounts. Whenever a teacher logs in from a new device, an additional code is needed to verify the login is the actual owner. If you wish to activate 2-step authentication on Google, click on the circle with your photo (or initial) in the upper right-hand corner, then click the "Google Account" button. Choose the "Security" option on the left and under the heading "Signing in to Google", you can then set up the 2-step authentication. Take advantage of any opportunity to add multi-factor authentication on your accounts.

These are some good first steps that can go a long way towards keeping your online information secure.



Board Meeting Summary

Each month the Spectrum School Board meets to discuss, review, and approve policies and procedures, and to ensure that Spectrum continues to operate at a high-level.

To see the summary of the March board meeting, please see the last page of this edition of the school newsletter.

A Global Society: Are We Preparing Our Students to Succeed?

Written by Jill Johnson,
Spectrum's Coordinator of
Curriculum & Instruction



Technological advances contribute to an increased accessibility to information about our world and about those with whom we coexist. As our interconnectedness is augmented by societal changes, the need for dispositions and skills that will facilitate positive interactions on a global scale becomes ever so much more apparent. The Partnership for 21st Century Skills (n.d.) asserted that while the educational system has made progress in increasing student achievement, there “remains a profound gap between the knowledge and skills most students learn in school and the knowledge and skills they need in typical 21st century communities and workplaces” (p. 5).

Here at Spectrum, we strive to bridge this gap by identifying essential 21st century skills, developing appropriate course offerings in response to industry trends, and planning curriculum that is dynamic and relevant to student need. Spectrum Tech instructor, Amanda Mackereth, explains, “Spectrum’s technology course pathway starts in 6th grade where students are introduced to basic computer and technology skills that will be integrated throughout their courses here at Spectrum. Our courses aren’t about pushing all students towards specific technology careers, but rather giving all students the employability skills needed to be successful in any career area. These courses open doors to new opportunities by introducing students to skills and topics they may never have thought of or experienced before.” She goes on to say, “later in our pathway, students explore and discuss the question, ‘Why is it important for all students to take computer science classes?’ [They read articles] to find evidence to answer this question and talk about how the skills learned in these courses are crucial employability skills that current and future employers are seeking: critical thinking, problem solving, collaboration, communication, coding, creativity, and more. Our standards, curriculum, and teaching methods are all integrated and designed specifically to boost these crucial skills. No matter what industry our kids navigate to in their future, our tech courses are designed to help them be successful!”

Ninth grade student, Landon Seigel, and tenth grade student, Abram Harvey, have both completed the 21st Century Skills course through our technology program here at Spectrum, and are currently enrolled in the Game Design course. Both Landon and Abram feel that the technical education they have received will enable them to enter



life after high school better equipped to succeed in their chosen areas of focus. Landon has interests in pursuing a career in the computer industry and Abram plans to focus on the field of biology. According to Abram, the skills developed through the technology program at Spectrum will “give him the edge” when it comes to job placement and performance. Landon feels that technology has become an essential part of our lives and as a result, there is a high demand for innovative individuals with technological knowledge and skills.

While we strive to facilitate the development of technological skills, our courses also offer opportunities for students to acknowledge how technology has changed human interaction on a global scale. The ability to speak proficiently in more than one language enhances cross-cultural communication skills and enables a better understanding of other cultures. Hoping to be an internet systems analyst, 10th grade student Dominic Bitzan feels that computer coding is a universal language that provides a means of communication for all that allows for an opportunity to have a “lasting impact on other cultures.” Aspiring lawyer and ninth grade student Maddy Mitchell feels that internet language translation programs can help us understand one another better and, by doing so, we are exposed to multiple perspectives. She says, “If you understand who you are working with, together you can accomplish something big.”

While we provide rich and thorough technological exploration in a safe environment here at Spectrum, we are continuously looking for ways to improve our program and to provide further opportunities for our students. As we continue to develop course offerings in our College at Spectrum High School (C@SH) program, we hope to increase opportunities in the technology department. It is also our hope to create a more productive transition from

high school to careers and post secondary educational experiences in the area of technology by developing purposeful partnerships with area colleges and tech schools. As our mission states, our school is a technology integrated environment; as is our society as a whole. It is our goal that students leave Spectrum prepared to fully engage in their life experience as citizens in a dynamic global society.

Resources:

Partnership for 21st Century Skills. (n.d.). Learning for the 21st century: A report and mile guide for 21st century skills. Retrieved from http://www.p21.org/storage/documents/P21_Report.pdf.

National Yearbook Adviser of the Month

Ms. Jessica Kemnitz

Spectrum High School is proud to announce that Yearbook Adviser Jessica Kemnitz is the recipient of the Jostens National Yearbook Adviser of the Month Award for April, 2019. The National Yearbook Adviser of the Month recognition is given to deserving yearbook advisers who show an outstanding ability to inspire and motivate their staff to create a yearbook that the school will treasure, while also encouraging the development of 21st Century Skills like critical thinking, communication, creativity, and collaboration.

“Jostens is dedicated to supporting yearbook advisers who understand that a yearbook is more than just a book. It is a keepsake that lasts a lifetime, and a 21st century classroom experience with value like none other. As such, the National Yearbook Adviser of the Month Award goes to educators who have gone above and beyond on behalf of their school and students,” said Sara Sausker, Jostens Sr. Manager of Yearbook Customer Experience.

As the Spectrum High School Jostens Yearbook rep, Paul Sorensen stated in his nomination letter, “Jessica is every reps dream. She has driven a small school club

program into a multi-functional business machine. She has advised three national yearbook program of excellence staffs while taking every opportunity to improve her craft. Jessica is a regular JAU attendee and a driving force behind implementing Jostens Renaissance initiatives at her school. Jessica is adored by her colleagues and especially her staff.”



HIGH SCHOOL NEWS

Spectrum High School Principal Corner

Spring is here! Third quarter has come to an end and we are on the home stretch of the 2018-19 school year. As the final quarter of the year progresses, please be sure to keep up with your student's academic progress using our Infinite Campus Parent Portal and Schoology. As always, feel free to reach out to your student's individual teachers with any questions or concerns you might have.

As you know, this was a school year filled with new endeavors for our students and staff at Spectrum. We opened a new building (7th and 8th grade middle school), we developed a new bell schedule, we opened our College and Career Center in our high school, and we administered a newly revised Service Learning framework to name a few. Recently, I've worked my way around the building seeking feedback from students on these items. I'm excited to share that most of what I heard was extraordinarily positive. Here is a taste of some of the feedback I collected from our students:

"I love the new alternating block schedule. It's a lot more like college and having only three class sessions each week has cut back on my homework load." - 11th grade student

"I've enjoyed my experience this year in Service Learning. It's been a nice change to have a variety of different opportunities, rather than just one for the entire year." - 9th grade student

"The College and Career Center is really nice to have. It gives me a place to come before my classes start and in-between. I do homework, relax, and even just hang out with friends sometimes." - 12th grade student

Of course, along with this positive feedback, I was able to hear about some ways we can continue to help our programs and systems focus their efforts. Organizing our Service Learning curriculum and developing some type of task completion sequence related to student requirements was mentioned. Students requested this as they felt uninformed at times this year on what requirements for Service Learning were in place. I want to thank our students for sharing these insights with me. In addition, please know we agree that this is an important piece of the puzzle and we'll be taking a closer look at it soon. Our intention is to always be effective in communicating with our stakeholders, and we promise to continue to strive for excellence in this imperative aspect of our school.

This data is extremely important to us, and we hope to obtain even more through our annual student and parent climate surveys that were recently open to the Spectrum community for completion. As we continue to collect this data and analyze, we'll also work toward developing action steps we can take to make our programs and systems even more effective. Thank you for your participation in these important surveys and your continued support of Spectrum.

Sincerely,

Mark W. Leland





SERVICE LEARNING

Highlight:

Youth Support

Currently, Youth Support is working with an organization called Hope4Youth. Hope4Youth work with and serve area youth. The youth that come to Hope4Youth are typically homeless and looking for food, warmth, basic necessities, friendship, and support that they don't get elsewhere. Hope4Youth is open daily for children and youth to come in and have a safe place to go. The organization has also started Hope's Closet to collect funds which are used to restock Hope4Youth, as well as Hope Place. Hope Place provides some youth a place to live and teaches them the skills to take care of themselves. It also provides youth a consistent address and a phone number for potential job offers. Youth Support works with Hope4Youth by collecting food donations as well as personal hygienic items that are items that are in low stock at Hope4Youth. Through this service learning group, Students gain a broader understanding of the needs of their peers within their community.



AVID

Highlight:

ToDuluth Tour

Written by Billi Jo Mahrer,
College & Career Coordinator

Several of the AVID students took a ToDuluth tour to explore the port area. A coach bus, complete with tour guide, took forty-one of our AVID students to the campuses of Saint Scholastica College, University of Minnesota-Duluth, University of Wisconsin-Superior, and Lake Superior College. The experience gave our students insights into the feel of an average-sized private college, a medium-sized state university, a smaller-sized out-of-state university, and a well established and expanding Community and Technical College. The trip was informative, exhilarating, explorative, and fun. The students enjoyed walking around the different campuses, as well as eating in the cafeteria at the University of Minnesota-Duluth. You might say it gave them a "taste" of college life!

High School March Students of the Month (Sponsored by NHS)

Grace Negus (Left)
Zach Reese (Right)

These students have been recognized by their teachers and peers for displaying excellence in character and academic achievement during the last month.



C@SH

Highlight:

C@SH Class Placement

Spectrum High School offers nearly 20 college classes in affiliation with Anoka-Ramsey Community College & Pine Technical and Community College. In order to ensure appropriate student course placement, these colleges require students to achieve qualifying Accuplacer® assessment scores. All students must meet placement levels for reading; and students taking college math must meet math placement levels. In some cases, students may use their MCA or ACT scores in lieu of the Accuplacer®. College representatives will proctor Accuplacer® tests at Spectrum on April 22 and May 6. Students who registered for C@SH classes and need to take the Accuplacer® will receive notification of their assigned test session.

2019 Prom

Always Sparkle & Shine

ALWAYS SPARKLE & SHINE is this year's prom theme – where our juniors and seniors get all decked out for a formal night out with their dates and friends! There is always so much excitement between pictures, Grand March, dinner, and the best part of the night ... letting it all loose on the dance floor.

Ticket sales are currently \$100. The very last day to purchase a ticket is Friday, April 26. Tickets can be purchased with CASH (no checks) in the front office OR online under Campus Fees.

Grand March will be held at Spectrum High School Gymnasium where everyone gets their 30 seconds of fame on the stage – parents come ready to take pictures! School Doors will open at 4:00 pm with the Grand March starting promptly at 4:30. Students need to be in line in the science hallway by 4:15 for roll call and final directions/announcements.

Dinner and Dance will follow immediately after Grand March; students need to be checked through security by 6:30 pm at the IDS Center. Please take the time to drive down there prior to Prom to make sure you know where to go and where to park. Parking is NOT COVERED in ticket costs; a bus option has been offered by the school. Parking will be \$6-\$10 and students will need EITHER cash or credit/debit card depending on the lot they park in.



High School Activities: Spring

Fine Arts Concerts, PowderTUFF Tournament, & More!

For the High School Activities, there are several upcoming, end-of-the-year events to mark down on your calendar. The first one is the Band Fine Arts & NHS/ NJHS Ceremony on Friday, May 3. Secondly, on Friday, May 10 through Saturday, May 11, the choir will be traveling and performing on the Choir Tour. Friday, May 17, will be the Choir Fine Arts night. As always, we are looking forward to some fantastic shows!

Student Council has been working on planning a PowderTUFF tournament which is set for Friday, April 26. In PowderTUFF,

groups of guys sign up to play volleyball just like PowderPUFF football where girls sign up to play flag football. In addition, there are two "Breakfast with Joe" meetings left for the year. These are happening on Friday, April 26 and Friday, May 17 at 7:15 am in the CCC.

Student Council will be distributing treats during the all-school yearbook signing time on Thursday, May 2. In addition, a few members will be coming over to the 7/8 Building to talk with the middle schoolers about Student Council on Friday, May 3 during Sting Time. Student Council will also have an

end of the year party welcoming the new members and are working on Homecoming plans for next year.



Spring Fever Leads to Summer Camp Fun

Spring in the air means games on the field, golf on the links, and running on the track; not to mention Spectrum student-athletes also participating in co-ops at other schools on the lacrosse field, tennis courts, and shooting range. An active spring athletic calendar at Spectrum will lead to a busy summer of sports, activities, and camps for students of all ages.

This summer will feature a record number of athletic camps sponsored by Spectrum. Several of the camps are also open to younger students from other schools. Be sure to check out the summer camp schedule for details. Registration for camps with activity fees may be done through Infinite Campus. Pre-registration is not necessary for camps and practices that do not have a fee.



Besides camp activities, summer is a great time to restore our athletic fields after another hard year of use. Hats off to our maintenance staff for their outstanding job to plant grass, fertilize, kill weeds, and mow over 10 acres of athletic fields. Major renovations continue on our baseball diamond that should be done soon and leave the field looking great for years to come. We also hope to make good progress this summer to prepare our new athletic fields located just west of the Spectrum Athletic Complex.

Did you know that you can get an app on your smart phone that shows the current athletic schedule and will contact you when there is a change, postponement, or cancellation? Be sure to search for the app named "rschool today". Once you have downloaded the app you can search for Spectrum High School to find the athletic events that are scheduled each day, including contest information and bus departure times.

On behalf of Spectrum athletics, we would like to wish each of you an active, safe, and fun summer of activities!

Rick Peterson
Director of Athletics

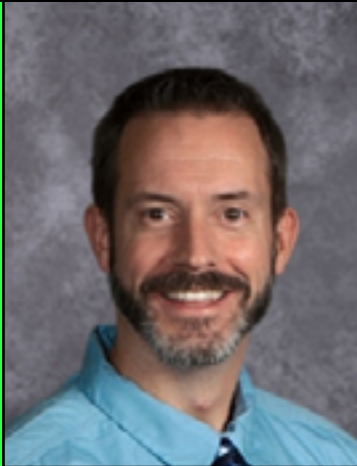
SPECTRUM SUMMER ATHLETIC CAMPS - 2019

NO CAMPS THE FIRST WEEK OF JULY!

Sting Power Summer Strength & Conditioning Boys & Girls-Grades 7-12 June 3 - July 25 Monday-Tuesday-Thursday 7:00 am - 8:00 am 6 th Grade Gym - Cost \$80 Section I Boys Boys Contact Coach Foskett tfoskett@spectrumhighschool.org Section II Girls Girls Contact: Coach Churchill schurchill@spectrumhighschool.org	Boys' Basketball Camp Grades 7-12 June 4 - July 26 Tue-Wed-Friday (Nothing July 2, 3, & 5) 10:00 am - 12:00 pm @ 7/8 Gym Cost \$80  Contact: TBD	Girls' Basketball Practice June-July: TBA Grades 7-12 Girls' Basketball Camp I June 10-13 - 12:30-2:30 pm Cost \$75 Girls' Basketball Camp II July 22-25 - 12:30 - 2:30 pm Cost \$75 Girls' Basketball Camp III Combine Camp I & II Cost \$125 Contact Coach Hund chund@spectrumhighschool.org 
Football Strength & Conditioning Grades 7-12 June 3-July 30 (Monday-Tuesday-Thursday) 8:00 am - 9:30 am Cost \$80  Contact Coach Mills smills@spectrumhighschool.org	Volleyball Camp MS & HS June 10-13 Entering Grades 6-8 (8-11 am) \$90 Entering Grade 9-12 (12 - 4pm) \$100 Contact Coach Kelly ekelly@spectrumhighschool.org 	Football Practice Grades 7-12 Mon & Thur. 10am-Noon June 3 - July 29 July 31 Scrimmage @ SHS 9am-1pm MS Contact Camp - 2-4 pm June 18-20 (7-8 Grade) (Cost \$65 by May 15 & \$75 by June 6) Youth Camp - 10am-Noon June 18-20 (2-6 Grade) (Cost \$36 by May 15 & \$46 by June 6) Contact Coach Mills smills@spectrumhighschool.org
	Youth Soccer Camp Girls & Boys Grades 1-6 June 11-13 9 am - Noon \$36 (thru May 15) \$46 (after May 15) Contact: Coach Gibson dgibson@spectrumhighschool.org	Summer Running Club Grades 7-12 No Cost  Mon, Tue, & Thu. June 10 - July 25 8:30 - 10:15 am Meet at Spectrum Track Occasional Field Trips Contact Coach Peterson rpeterson@spectrumhighschool.org
Wrestling Camp-- All Grades Sunday Afternoon Camp Contact Coach Skog for Information dskog@spectrumhighschool.org 	Girls Soccer Practice Grades 7-12 Mon & Thur June 10-July 25 5:30-7:30 PM 	Baseball Camp Grades 7- 12 \$50 Monday & Wed. 3:00-5:00 PM Begins June 10 Contact: Coach Dan Zurbey dzurbey@spectrumhighschool.org
	Dance Team Technique Class No Cost Mondays June 3-July 29 Noon - 3 PM 6 th Grade Gym Contact: Coach Melanie Miskowic mmiskowic@spectrumhighschool.org	

MIDDLE SCHOOL NEWS

Spectrum Middle School Principal Corner



Spectrum Middle School Families,

Spring has arrived and so have the final weeks of the school year. Everyone gets a little antsy, yet there is still a lot of work to complete and learning to achieve.

Dean Barkett, a lifelong educator and advocate for equity in education, writes “by building on the small successes...learners [have] experience[d], you can gradually motivate them to achieve higher and higher levels of success.” With three quarters of experiences on which students can build while keeping their focus, the rest of the year looks to be very strong. These last months are critical for students to do their best on both teacher assessments and standardized assessments as it is “that time of the year” (MCAs). These months are important for students to “realize that we are here to help them be successful, that we want them to do well in school, and build the skills they need to be successful in life.” Please encourage them to ask questions, to keep studying and reading, and to achieve at their highest-possible levels of success.

Student Events this month: WEB (Where Everybody Belongs) will host a seventh-grade experience for the sixth graders at the end of the month. Sixth-grade students will visit the 7th-8th grade building to learn about what to expect next year. Student Council is sponsoring its annual spring event for all middle schoolers on Friday, April 26. Collected money will be given to the Animal Humane Society. Also, Friday, May 24, is the first annual “Super Fun Friday” to end the school year with team-building activities in Advisory and fellowship at a local park in celebration of the end of the year as well as to kick off students’ summers.

Finally, be sure to mark your calendars for the Fine Arts Concerts: Band is on Friday, May 3, and Choir is on Friday, May 17. This is a great time to see and hear the culmination of all the hours of practice and dedication. Again, let us continue to build on the daily, small successes in order to truly celebrate the achievements of the 2018-19 school year that make Spectrum Middle School such a great place to learn.

Gregory M. Heinecke

SERVICE LEARNING Highlight:

Helping Hands for the Elderly Grade 8

Our "Helping Hands for the Elderly" service learning group has spent this year exploring inter-generational relationships. Students have been learning about the value of listening to the experiences of older adults as they help to understand students’ own experiences. The group has also considered how loneliness can be lifted by a simple conversation and time spent engaging in casual leisure activities. Students have learned that reaching out to those in need does not have to be complicated. A small, kindhearted gesture can have positive influences in a "big" way.



Middle School Activities Highlight: Club Updates



The Spring Session of clubs is well under way, with many kids taking advantage of the offerings we have for this season. We are currently running Vietnam Club, Art Club, and Crypto Club.

Here is an update regarding Vietnam Club:

Mr. Brunt hosts a “Vietnam Club” once a week this quarter. Students have already learned about the roots of the Vietnam War, policy objectives of the various participants, and just started the technology of the Vietnam War. In the near future, they will explore major events in the conflict and the long-term consequences of the war, both domestically and internationally. They will also learn about modern day Vietnam. If you know anyone who served in Vietnam that would consider coming in as a guest speaker, please contact Mr. Brunt!

Likewise, we have an update from Ms. Guimont regarding the Crypto Club:

“XFMDPNF UP DSZQUPDMVC!”

CryptoClub has been encoding and decoding secret messages for a month now, and the students are becoming Caesar Cipher experts! Give them a riddle, a puzzle, or a curious message and they’ll solve that cipher using their Caesar wheels, cipher tables, and the mind-bending Vigenere Square in a flash. They welcomed in a snowy April with Additive Ciphers (“What? We have to do MATH?!? ... Oh! This is cool!”), threw in some Mod 26 Spirals, and they’ll soon be mastering Keyword Ciphers.

Ask them about their ciphers, their tools, and their fascinating, brain-teasing codes and they just might teach you a thing or two ... including that first line. They are, after all, Cipher Masters in the making!”

Another thing that is going on is the 1st Annual Pin Guard Tournament, hosted by the Middle School Student Council. This will take place on Friday, April 26, from 4:00 pm - 6:00 pm in the 7th/8th grade gym. Teams are made up of 6-8 students and the cost is \$2 per player. The payment should be paid on the day of the event at the door. The money will go towards the Animal Humane Society.

Looking ahead to next year, if there are any ideas that would be beneficial for the Middle School students, please do not hesitate to reach out to me at:
smills@spectrumhighschool.org

Seth Mills,

Middle School Dean
& Spectrum Activities Director

6 Graders raise funds for American Heart Association



**American
Heart
Association®**

Recently the Grade 6 students participated in a fundraiser for the American Heart Association. In the past, it was either “Hoops for Heart” or “Jump Rope for Heart”. This year they have revamped their program. Now, they have decided to call it the American Heart Challenge. It is the same idea, but with a broader range of activities. At Spectrum Grade 6, we decided to participate during our basketball unit to tie into March Madness. We were able to raise \$497 in funds towards their program! One student (Morgan Dellwo) even raised \$250 herself! Big shout out to Morgan and all other participants who helped to make this program successful. We hope to continue this fundraiser for years to come. Thank you to all community members that supported our 6th graders!

March Middle School Students of the Month

We are excited to let you know that the following students have been selected as March’s Students of the Month! They have demonstrated excellence in academic performance, character, behavior, effort, attendance, and social relationships. This group of students will have their picture posted in the cafeteria as a part of this recognition. We are very proud of them and are excited that they help make Spectrum Middle School such a great place to learn.

6

**WILL
BOLLINGER**



7

**LIZZY
ROONEY**



8

**MARY
MOUDRY**



Spectrum School Board Meeting Summary – March 2019

The Spectrum Board of Directors met on March 28, 2019 for its regular monthly meeting. The items before the Board were as follows:

- Received/reviewed the final executed contract between Captivate Media & Consulting and Spectrum High/Middle school.
- Approval of the February 28, 2019 Board meeting minutes as presented.
- Received an update on the Phase V Expansion Project
- Received an update on the College & Career Center
- Accepted the minutes of the March 22, 2019 Finance Committee Meeting
- Reviewed in detail and approved the February, 2019 Financials and Management Report
- Approved the salary line item only of the FY20 Long Range Budget, which includes a 3% increase in salary for employees.
- Approved the initial slate of Board members for the Friends of Spectrum, Inc., a separate 501(c)(3) fund raising and support organization.
- Heard and accepted the March Executive Director Report
- Reviewed a second-round draft of the FY20 School Calendar
- Pursuant to Minnesota Statutes, section 13D.05, Subdivision 3(b)(3), conducted a Closed Session for the purpose of discussing the annual Executive Director review.
- Approved to extend an at-will employment letter for the FY20 school year to Mr. DeBruyn, Executive Director, which includes a 3% increase in salary.

Once approved, the minutes of the March 28, 2019 Board meeting will be posted to the Spectrum website located [here](#).



We're here to help! If you have any questions or concerns, don't hesitate to contact us.

OFFICE HOURS

Monday through Friday,
Spectrum High School: 7:30 a.m. - 3:45 pm
Spectrum 7/8: 7:15 a.m. - 3:45 pm
Spectrum 6: 7:15 a.m. - 3:45 pm

Spectrum HS & District Office: 763-241-8703
email: SHSmessage@spectrumhighschool.org

Spectrum Middle School Grade 7/8 Office:
Christy Siegel, 763-450-9859
email: csiegel@spectrumhighschool.org

Spectrum Middle School Grade 6 Office:
Cathy Durkot, 763-450-9868
email: cdurkot@spectrumhighschool.org

Attendance/Health Office

Spectrum High School
Terri Dlouhy, 763-450-9804
email: tdlouhy@spectrumhighschool.org

Spectrum Middle School, Grades 7-8:
Sara Burfeind, 763-450-9860
email: sburfeind@spectrumhighschool.org

Spectrum Middle School, Grade 6:
Joyce Emmel, 763-450-9857
email: jemmel@spectrumhighschool.org

School Counseling Office

Amanda Sitron
11-12 Grade School Counselor, 763-450-9853
email: asitron@spectrumhighschool.org

Susan Matheson
9-10 Grade School Counselor, 763-450-9022
email: smatheson@spectrumhighschool.org

KellyAnn Lockrem
6-8 Grade School Counselor, 763-450-9807
email: klockrem@spectrumhighschool.org

Contact us:
Spectrum High School/District Office
17796 Industrial Circle NW
Elk River, MN 55330
763-241-8703
www.spectrumhighschool.org

Transportation

Darrell Skog, Transportation Director,
763-450-9806
email: dskog@spectrumhighschool.org